

Instow arms





TAKEAWAY

Takeaway Menu

12-5

Panini £10


Choose from:

- Tomato & mozzarella 
- Mediterranean vegetables & pesto 
- Tuna melt
- Home-cooked ham & cheese

Freshly Baked Jacket Potatoes £12

Served with coleslaw

Choose a topping:

- Beef chilli con carne
- Tuna mayo
- Baked beans 

Add: cheese +£1

Beer Battered Atlantic Cod

Served with hand cut chips or skinny fries, tartare sauce, and peas or mushy peas

Large £18 Kids £8


Hand Cut Chips/ Skinny Fries £5

Burgers to Go

All served with sliced tomato and iceberg lettuce in a gourmet bun, with a pot of spicy tomato chutney and either hand cut chips or skinny fries

Choose any burger for £18

100% British Beef

Spicy Bean Burger 

Chargrilled Chicken Breast

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Build your own...

Choose from the extras below to make it your own

Extras £1/item

Cheddar, Brie or Stilton

Fried egg

Bacon

Onion rings

Jalapeños



Please look after our village and dispose of your takeaway food packaging responsibly in the bins provided.



We are really proud to source as much as we can of our produce locally, and encourage you to do the same and... shop local!